



'Many Hands~Many Hearts~One Intention'



Just 1-2 hours of your time and you can make a difference!



Put your Karma yoga into action by joining us for these volunteer opportunities right here in our community!

### ***Spring Events!***

#### **EARTHWALK 2009 – Bridging the Gap**

**Event Date: SATURDAY, MAY 9**

**New Location:** Theis Volker Park

**Time:** Walk starts at 10 a.m. Volunteer for a 2-3 hour shift.

### ***Fall Event!***

#### **CLEAN UP THE WATERWAYS – Ocean Conservancy**

**Event Date: SEPTEMBER 1, 2009**

**New Location:** Local Rivers and Lakes (specific locations are TBD at this time – please email [mimiyogini@gmail.com](mailto:mimiyogini@gmail.com) to get on mailing list for updates)

**Needs:** Put September 1st on your calendar right now and join half a million people just like you who are sickened to hear about the impacts of trash in the ocean and willing to spend just one day cleaning it up. You'll be part of a worldwide group of volunteers who removed 6.8 million pounds of garbage from our ocean during International Coastal Cleanup Day last year. 6.8 million pounds of garbage—now THAT makes a difference.

**HOW DO YOU JOIN IN?** To participate in either of these volunteer opportunities, please contact Mimi at [mimiyogini@gmail.com](mailto:mimiyogini@gmail.com) for detail information.